

WUIG Call to Service

We are in the process of putting our plans together for 2016 and WE NEED YOUR HELP! We encourage you to get involved in your Intergroup in any way that you can...with as little time as you can offer, or as much time as you can offer...we'll take it all! ***Our kick-off meeting is Jan 7th!***

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| <input type="checkbox"/> Intergroup Rep (IR) | <input type="checkbox"/> Intergroup Rep-Alternate (AR) |
| <input type="checkbox"/> Public Information/Professional Outreach....any level...any amount of time! | <input type="checkbox"/> Set up or refill existing Literature Displays for Public Information |
| <input type="checkbox"/> Newsletter (electronic): write articles, format & design, proof-read, search OA sources for content, brainstorm! | <input type="checkbox"/> Represent OA at health fairs |
| <input type="checkbox"/> Website Committee: learn new skills...some technical knowledge needed but you don't need to be a genius! | <input type="checkbox"/> Clerical & "Marketing/Attracting": help develop flyers; proof-read; reformat and improve; fold and stuff for mailings! |
| <input type="checkbox"/> 12 th Step Within: help carry OA's message to the still-suffering member within the Fellowship | <input type="checkbox"/> Telephone Hotline Answering Machine— <i>can you help us by periodically updating our messages on the answering machine to ensure that information is correct—FROM HOME!!—can you take a call from a suffering compulsive overeater looking for information and help?</i> |
| <input type="checkbox"/> Working and Living the Steps Workshops: help organize, be a greeter, distribute flyers, announce at meetings, whatever you can DO! | <input type="checkbox"/> Help set up/break down at workshops, marathons & fairs |
| <input type="checkbox"/> Retreats | <input type="checkbox"/> Assist Sponsor Bank Coordinator |
| <input type="checkbox"/> Booklets | <input type="checkbox"/> Coordinate Speaker Bank (information provided!) |
| <input type="checkbox"/> "Designated Downloader": <i>Ask US!</i> | <input type="checkbox"/> Coordinate <i>Call Five to Keep 'Em Alive</i> at your group on the 12 th of each month— <i>your IR can bring the flyers back from WUIG for your group to use!</i> |
| <input type="checkbox"/> Help with audio at workshops | |
| <input type="checkbox"/> Post fliers around community | |
| <input type="checkbox"/> Other _____ | |

WUIG will support and encourage you EVERY STEP OF THE WAY! WE just need YOU!

Name: _____

Phone Number: _____

Email Address: _____

➔ Return this form to your group IR **OR** Bring it to our monthly WUIG meeting in person
OR Scan it to maryt307@gmail.com or mikemetco@gmail.com