

ADDENDUM 2: Intergroup Renewal Workshop Comments & Suggestions

1. There is a plethora of literature available to download and utilize in support of your groups at oa.org (search Documents). Since we mentioned the lack of sponsors (perhaps due to the Steps?), I wanted to point out a workshop that is completely turnkey called *Importance of Working the Steps Workshop*. You can find it at https://oa.org/files/pdf/working_the_steps_workshop.pdf. It provides all of the information and instructions that you need to run the workshop, as well as data to substantiate the importance of working the steps...it even has a word game and a writing exercise!
2. **How is everyone a part of Intergroup?** Everyone in the intergroup area has a voice at the IG meeting although only the IG Reps have a vote. We all have one common cause—to carry the message of recovery to the compulsive overeater who still suffers. Not only is everyone welcome, but Tradition 7 states that we should be fully self-supporting and this includes our service support as well as financial support. Each of the OA members in the IG area has unique talents that he/she can contribute, given his/her time constraints. By recognizing that “There is no They in OA; only We and Us”, we can begin to build a team that allows us to support each other in our personal recoveries. And everything in OA begins with personal recovery. Using the *Call to Service* form (or some version of it) can get MHIG started in forming a service bank of volunteers; **see Addendum 6-WUIG Call to Service.**
3. **From the Intergroup Renewal Officer Training Workshop:** “...the unique focus is on improving, renewing, and transforming IGs into value-added organizations whose primary purpose is to help members strengthen their individual recovery (Tradition Five). One simple underlying principle: IG’s principle product is its usefulness. Be really useful to members and they are attracted, the same as any strong meeting. Thus the title, “If You Build It, They Will Come.” The ‘program of attraction’ concept applies to IGs the same as the rest of the program.” **See Addendum 4 for excerpts from the Albany Intergroup Renewal Officer Training Workshop.**